

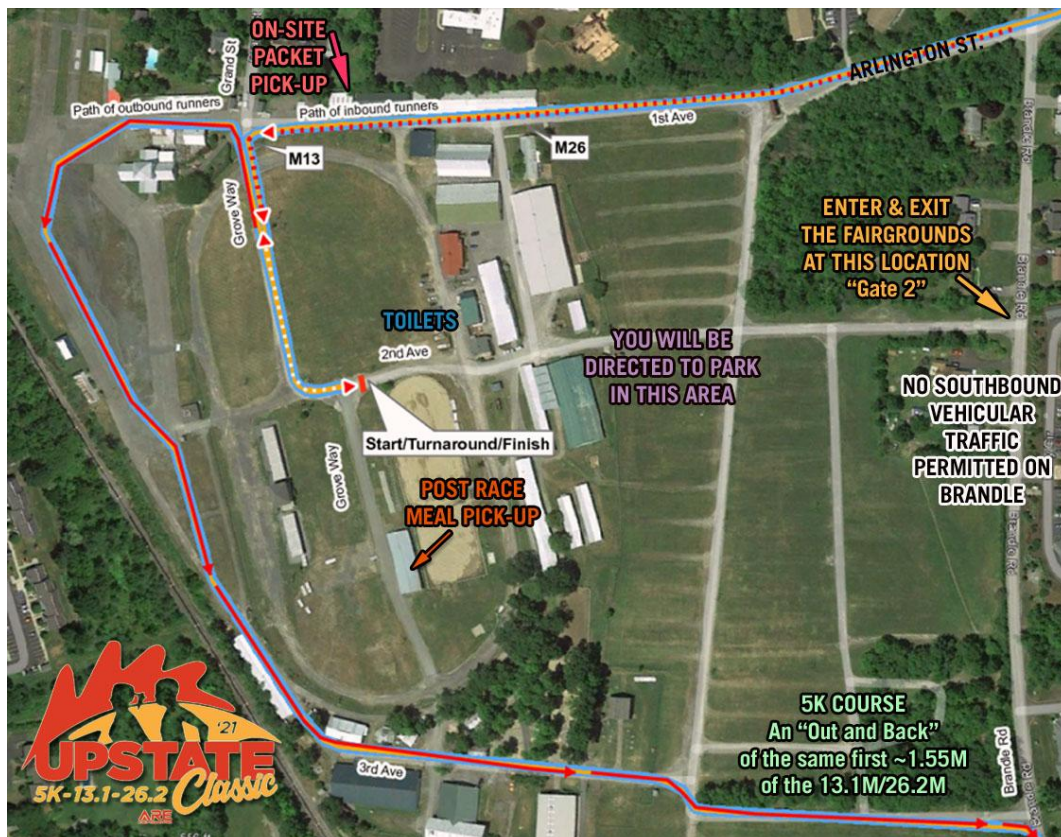


2023 SPECTATOR INFORMATION

[Interactive Map For Use on Race Day](https://UpstateClassic.com/staging)

UpstateClassic.com/staging

- The best viewing location is at the fairgrounds, where you can see the start and finish.
- When your friend/family member finishes, you can sit together at a picnic table we provide near the finish line or elsewhere on the vast property.
- There is no overhead coverage; if the weather is inclement, bring an umbrella.
- When accessing and departing the Fairgrounds, please exclusively come from and return to Route 146. Also be aware that you will be crossing the course - there may be delays leaving the fairgrounds during the race.
- If spectating the 5K, your only spectating option is on the fairgrounds property.



COURSE INFORMATION FOR SPECTATORS

If you are driving on the route, please exercise EXTREME CAUTION. Drive SLOWLY.

The entire course that is not on the property of the Altamont Fairgrounds is on open roads.

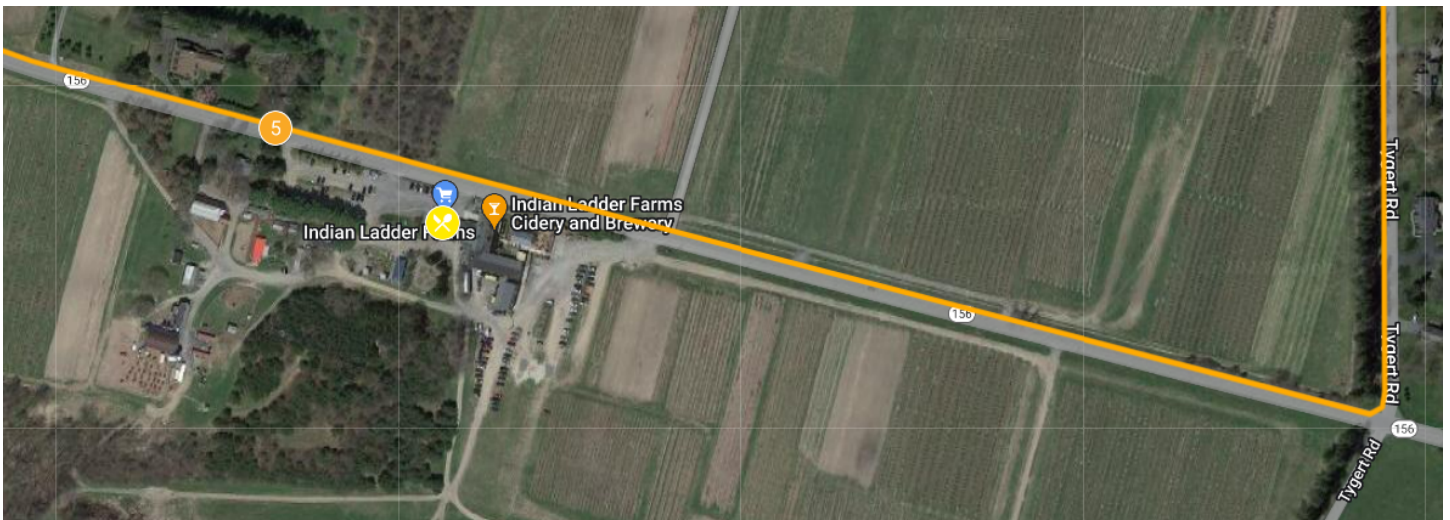
The runners will be running in the coned off shoulder on the two major roads (Routes 146 and 156), and on the side of the road on the interior backroads of the loop.

It is strongly encouraged that if you are driving on the course, drive in the direction of the course so that you are on the opposite side of the road as the runners.

ENTERTAINMENT & SPECTATOR ZONE AT INDIAN LADDER FARMS

We are excited to welcome [Indian Ladder Farms Cidery & Brewery](#) as part of the event.

Located at [342 Altamont Rd. Altamont, NY 12009](#), just past Mile 5 of the 13.1M course, the farm market opens at 8am offering coffee and breakfast sandwiches. At 11am, the Biergarten opens for its regular lunch service. All runners who show their bib on race day will receive \$1 off draft beer. We encourage you to consider spending part of your Sunday morning there to cheer on the race!



ADDITIONAL SPECTATING INFORMATION

- For the safety of the participants and you, it is strongly recommended that you remain in a single location.
 - If you ultimately decide to travel during the event, we prefer that you use a bicycle instead of a car.
 - You are not allowed to pace (bike/drive) next to a runner, but you are allowed to go somewhere on the course and provide someone with water/nutrition, cheer, etc.
 - There is **no** public place to park on the route other than at the Altamont Fairgrounds and Indian Ladder Farms. With that said, you may be able to find public parking within a short walk of the course in Guilderland Center (roughly near 8.5M).
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FINAL SPECTATING TIPS

- Review the [Participant Handbook](#) to maximize your familiarity with the event and how it will be staged.
- Dress in layers and bring water and food with you.
- Make a sign! Runners love seeing signs.
- Bring a cowbell. Make some noise. Show them your energy!

